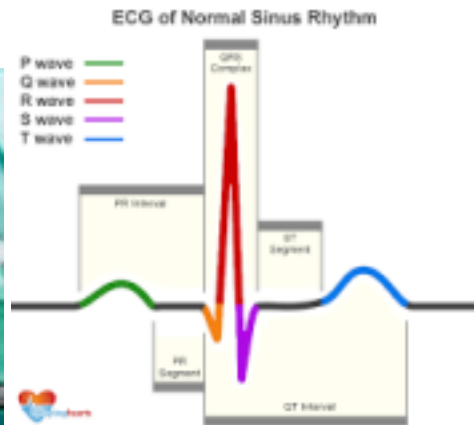




Hartismere College



Health and Social Care

A STUDENT'S GUIDE TO HEALTH AND SOCIAL CARE AT HARTISMERE SIXTH FORM COLLEGE

**AAQ in Health and Social Care (Alternative Academic Qualification)
Cambridge Advanced National Extended certificate.**

What do I need to know or be able to do before taking this course?

In order to study this subject, it is usual to have achieved grade 5 or better in maths, english and science. Some students may be accepted with grade 4 and their teacher's recommendation. Students need a genuine interest in health and social care and be able to meet the demands of coursework.

This is a LEVEL 3, A level equivalent modular course approved by leading universities for entry into degree courses.

What does the course involve?

The award will give you a broad introduction to the Health and Social Care sector.

The topics you will cover in year 12 are:

Person-centred approach to care

In this unit you will learn the principles and values that underpin a person-centred approach to care and the practical tools that can be used to develop care plans for individuals. You will explore how to communicate in health and social care, how to build relationships and the barriers that need to be overcome to achieve person-centred care. You will learn to write outline care plans to suit individuals, using person centred. **Coursework**

Principles of health and social care

In this unit you will learn about the key topics that are important in order to develop underpinning knowledge and understanding relevant to health and social care. Topics include:

- o Topic Area 1 Equality, diversity, and rights in health and social care settings
- o Topic Area 2 Managing hazards, health and safety in health and social care settings
- o Topic Area 3 Legislation in health and social care settings

This unit is assessed through an external examination (1 hour 30 minutes)

Supporting people with mental health conditions

In this unit you will learn about how individuals with mental health conditions can be cared for and supported in a way which is suitable for their needs. You will do this through exploring the meaning of mental health and mental health needs, and considering the main types of mental health conditions and how these may affect the life of individuals. You will explore the different ways that individuals may be supported to promote their mental wellbeing, manage their condition, and different forms of treatment and support that may be available. **Coursework**

In year 13 the units you will cover are:

Unit 4: Anatomy and physiology for health and social care This unit aims to introduce you to the basic functions of the body systems involved in everyday activities and maintenance of health, including cardiovascular, respiratory and digestive systems. You will also understand the part played by organs such as the pancreas, liver and kidney. You will investigate the systems and organs involved in detecting and responding to change such as the nervous system as well as the eyes and ears and the musculoskeletal system. A large part of this unit is also exploring the common conditions linked to each body system.

This unit is assessed through an exam (2 hours)

Another two coursework units will be completed and these could include:

- Healthy nutrition and lifestyle
- Investigating public health
- Supporting people in relation to sexual health, pregnancy and postnatal health
- Physiological conditions

Students choose 2 of the above optional units

The subjects that complement this course

These subjects might complement this qualification:

- **A Level Biology**
- **A Level Psychology**
- **A Level Sociology**

The types of courses you may progress to

Both the subject-specific knowledge, understanding and skills, and broader transferable skills developed in this qualification will help you progress to further study in related areas such as:

- BSc Nursing (Adult/Child/Learning disabilities/Mental health)
- BSc Midwifery
- BSc Health and social care
- BSc Healthcare and Health Science
- BSc Health Sciences
- BSc Paramedic Science
- BSc Public Health and Wellbeing
- BA Social Work

The examination board is **OCR**

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